The Olive Wellness Institute is a science repository on the nutrition, health and wellness benefits of olives and olive products, which is all subject to extensive peer review. The institute is guided by scientific experts that specialise in the nutrition, health and wellness benefits related to olive products. This website is intended to be the go to source of credible information relating to the nutrition, health and wellness benefits of olives and olive products, such as Extra Virgin Olive Oil and products derived from the olive tree.

Our Mission:
To increase awareness of Extra Virgin Olive Oil and other olive products by gathering, sharing and promoting expert, credible and evidence-based information on their nutrition, health and wellness benefits.

Our Promise - The Olive Wellness Institute is based on the following guiding principles:

**EVIDENCE-BASED**
The Olive Wellness Institute is strictly committed to delivering evidence-based information informed by high-level research standards.

**EXPERTISE**
The Olive Wellness Institute is guided by world-renowned experts in the fields of nutrition, health and wellness, and the information is developed by leading scientists, researchers and health professionals who have research expertise in olives, olive oil and its uses in traditional diets.

**CREDIBILITY**
All information developed and distributed by the Olive Wellness Institute is subject to extensive review by the Advisory Panel as a result of our evidence based, science-first approach.

Resources available at the Olive Wellness Institute:
- Regularly updated news and articles related to olive nutrition, health and wellness, written by leading experts in the field.
- A comprehensive resource library that collates evidence related to all aspects of olive nutrition, health and wellness.
- Scientific and evidence-based information about Olive Oil, Olive Leaf and Other Olive Products.
- Access to a community where you can discuss topics of interest, with moderation from olive nutrition, health and wellness experts.
- An olive nutrition, health and wellness expert library.
- Listing of relevant events across the globe.

To access these features and sign-up to our regular newsletter, please visit [www.olivewellnessinstitute.org](http://www.olivewellnessinstitute.org)

Questions? Email us at info@olivewellnessinstitute.org